

Support something incredible

By supporting Bidna Capoeira you will help us to deliver and develop programmes that make a real and immediate difference to people's lives.

Benefits of working with Bidna

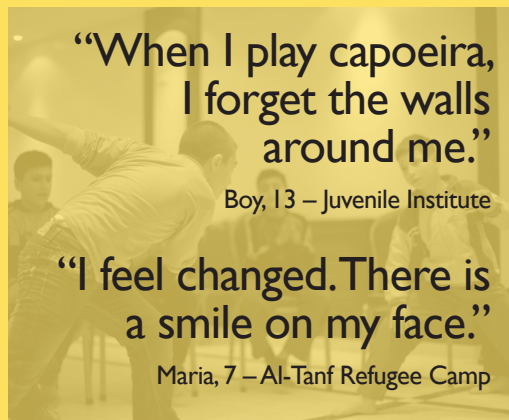
- Collaborate with a motivated team of experts
- Non-competitive because we're not a capoeira school
- Access to an on-line international capoeira network
- An evaluation and performance management system
- Access to our roster of volunteers
- The opportunity to help and participate in projects
- Visibility through social media, PR, documentaries and film
- Capoeira 'Free for Kids' anywhere and everywhere!
- Make a real impact

Please contact us for more information. We'd love to talk to you.

Contact us

info@BidnaCapoeira.org
www.BidnaCapoeira.org

Bidna Capoeira Ltd is a non-governmental sports and cultural organisation registered in the United Kingdom. Company number: 7116807



“When I play capoeira, I forget the walls around me.”

Boy, 13 – Juvenile Institute

“I feel changed. There is a smile on my face.”

Maria, 7 – Al-Tanf Refugee Camp



Capoeira is an Afro-Brazilian art form that combines music, dance and sport

Bidna Capoeira

Play. Express. Be free.

Our mission

Bidna Capoeira uses capoeira as a means for community integration. We support emergency relief efforts in areas of humanitarian crisis, and facilitate rehabilitation and development in refugee camps all over the world. Our aim is to collaborate with capoeira fans across the globe in order to run sustainable projects and be a catalyst for positive change at a personal and social level.

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Origins of Bidna Capoeira

Grassroots programmes in Syria began through our partner organisation, CapoeirArab.

Projects have included:

Al-Tanf Refugee Project

In collaboration with UNICEF and TdH Italy, CapoeirArab held weekly capoeira training sessions for children and adolescents at the Al-Tanf Refugee Camp.

Juvenile Institute Projects

Two projects have engaged juveniles in constructive activities, providing a safe space for self-expression and re-socialisation.

'Free for Kids' Programme

Our longest running programme offers free-of-charge capoeira training to children who cannot afford to pay for regular exercise.

1st & 2nd CapoeirArab Batizado

CapoeirArab's annual graduation ceremony brought together over 50 participants from more than 25 countries. Live performances in Damascus, Lattakia and Palmyra attracted over 5,000 people.



How Bidna Capoeira works

Bidna Capoeira goes wherever there is a need – from Afghanistan to Zimbabwe. We aim to begin at least 25 sustainable projects in different countries over the next five years.

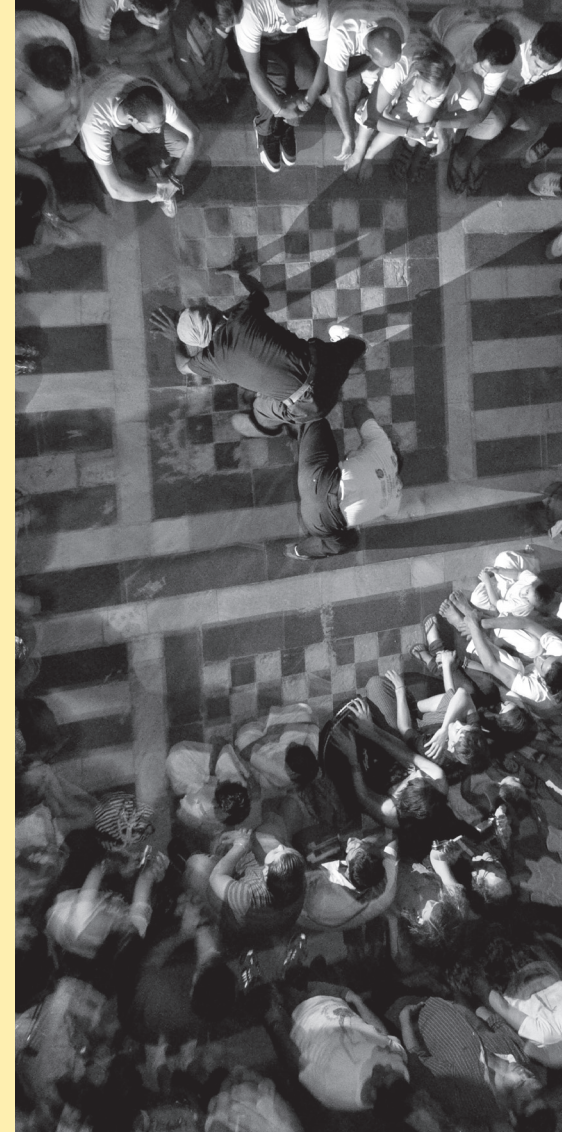
Main activities

- Capoeira training
- Music classes
- Dance
- Social talks
- Instrument building
- Handicrafts and painting workshops

Our impact

- Community integration
- Raising awareness of social inclusion-exclusion issues such as gender/ethnicity/religion
- Inter-cultural dialogue
- Capacity building
- Community protection
- Promoting cultural heritage
- Fun!

Our ultimate goal for our programmes is to build sustainable schools, led by local people.



Capoeira participation in Syria

- People trained
- Regular students
- Local trainers

